

## MT. ULAP HIKING E-TINERARY

DAY	ACTIVITY	TIME	EXPENSES	REMARKS
	Arrive in Baguio	7:00 AM		Ride a jeepney going to Brgy. Ampucao
Day 1	Arrival in Jump-off of Mt. Ulap	8:00 AM	500php local tour guide	Register, briefing, and secure local guide prior the hike/trek
	Start trekking	8:30 AM		
	Gungal Rock Formation	11:00 AM		
	Arrival at Campsite / Pitch tent	12:00 NN		
	Lunch at campsite			Prepare for lunch at campsite
	Prepare to ascend summit	2:00 PM		
	Arrival at summit for sunset	5:00 PM		Perfect for photo ops
	Dinner / Socials	7:00 PM		
Day 2	Wake up	4:00 AM		
	Summit for sunrise	5:00 AM		Perfect for photo ops
	Back at Campsite	6:00 AM		
	Breakfast / Break camp	7:00 AM		
	Start descend	8:00 AM		
	Arrival at jumpoff	10:30 AM		
	Clean/wash up	11:00 AM		
	Arrival in Itogon Hot Spring	11:30 AM		Perfert after hiking activities to relax the muscles with hot spring
		Lunch		Enjoy lunch at your chosen resort
	Arrival in Baguio / Check in	2:00 PM		Ride a jeep going back to Baguio City for check-in
	City tour / walk around town	2:00 PM - 6:00 PM		Baguio City Tour or spend your time walking around Session Road
	Hill Station	Dinner		

DAY	ACTIVITY	TIME	EXPENSES	REMARKS
Day 3	Cafe by the Ruins	Breakfast		
	Checkout	9:00 AM		
	Going back home	10:00 AM		

## FOOD RECOMMENDATIONS

- Pinikpikan
- Strawberry Taho
- Choco-late De Batirol
- Café by the Ruins
- Good Taste

## HOTEL RECOMMENDATIONS

- Bintana sa Paraiso Binunsaran
- Pine Breeze Cottages
- Pinewoods Guest house
- Elmar Cabin

## ITOGON HOT SPRING RECOMMENDATIONS

- Mountain View Resort
- Carlo Trese Resort
- Itogon Thirteenth Level Hot Springs
- Aldom's pool
- Valerio's Swimming Pool